

## Our mission...

*Family & Children's Services is a non-profit multi-service agency based in Elizabeth and serving Union County and the surrounding area. Our mission is to strengthen families and individuals by providing comprehensive personalized behavioral health and social services with a priority on serving those most vulnerable.*

## Goals

- **Protecting** children, vulnerable individuals and families
- **Preventing** child abuse and neglect
- **Educating** and supporting parents and caregivers
- **Preserving** and strengthening relationships and families
- **Promoting** family permanency for children
- **Enhancing** individual capacity and self-esteem
- **Participating** in public education and advocacy for children and families
- **Collaborating** with organizations and communities to provide services, resources and opportunities for children, youth, adults and families.

## History

**Founded in 1893**, Family & Children's Services began as the Charity Organization Society. It was joined in 1898 by the Elizabeth Society for the Prevention of Cruelty to Children. Our commitment to these two organizations continues today with particular emphasis on disadvantaged families and vulnerable children, as we continue to provide a wide array of innovative and professional quality child welfare, mental health and family services to children, youth and adults of all ages in Union County and surrounding area.

## Credentials and Qualifications

*Family & Children's Services is state licensed to provide mental health and adoption services and is a certified partner of the United Way of Greater Union County. We provide therapeutic, case management, education and support services to children, youth and adults of all ages.*

*Family & Children's Services employs a diverse, multi-disciplinary team of skilled, experienced staff who individually meet respective professional licensing and certification requirements where applicable. The agency staff has extensive experience working with children, youth, adults and families who may need a continuum of services.*



United Way  
Partner

# Client Population

*Family & Children's Services serves individuals of all ages and diverse families of all income levels.*

We place special emphasis providing services to at-risk, disadvantaged and under-served families who may not otherwise have access to human services. Of special concern are children in need of protection, foster care or adoption and families in need of crisis intervention or reunification. Our programs address the needs of individuals and families who have experienced one or more of the following: Abuse or neglect, family disruption, crisis or conflict, domestic violence, mental health problems, substance abuse, juvenile delinquency, truancy or other school-related problems, homelessness, job loss or other challenges of life.



## Service Locations

MAIN OFFICE	MID-TOWN ELIZABETH
40 North Avenue Elizabeth, NJ 07208 908-352-7474 908-965-3227 (fax)	16 Jefferson Avenue Elizabeth, NJ 07201 908-372-1007 908-372-1018 (fax)

## Family & Children's Services

# COUNSELING SERVICES & ASSESSMENT



Strengthening Families, Building Futures Since 1893

## *In-Office Counseling Programs*

In the In-Office Counseling Program of Family and Children's Services, a highly trained staff of professionals provide a range of comprehensive services including:

- **Individual therapy**
- **Group therapy**
- **Couples therapy**
- **Family therapy**
- **Medication Management**

The goals of the counseling program are to support and strengthen family relationships, empower and enable parents and family members to assume their roles, and develop skills for personal growth and development with respect to cultural, ethnic, and individual / family values.

The psychiatrist oversees the medical aspects and medication management of the clients. The psychiatrist works closely with our clinicians in a team approach to coordinate services.

## **Counseling Services and Assessment**



Clients are self referred or referred by the school system, the Court or the Division of Youth and Family Services.

**For more information about our services and fees,  
please contact us at 908.352.7474  
or e-mail us at [info@facsnj.org](mailto:info@facsnj.org).**

**We're on the web: [www.facsnj.org](http://www.facsnj.org)**

## *Assessment*

The agency provides evaluations to children and adults including:

- **Psychiatric Assessment**
- **Psychological Assessment**

Psychiatric assessments are provided by a board certified psychiatrist. Psychiatric assessments are used to determine when other services may be needed that can improve the client's quality of life.

The Agency provides psychological assessments for children, adolescents and adults.

We provide assessment of the client's strengths as well as the impediments to optimal functioning, in order to provide recommendations for an enhanced level of functioning.